

William Woods University - Athletics Department
Drug Education and Consent to Testing Policy

Purpose of the Program:

William Woods University adheres to the principle that there is no place in intercollegiate athletics for substance abuse of any kind. The primary intent of the Athletics Department policy concerning drug education and testing is to preserve the well being of the student-athlete. The Athletics Department is interested in the prevention of drug abuse, as well as helping student-athletes with drug abuse problems. The University's drug-testing program is regarded as a critical preventative measure for a potentially serious illness.

Each student-athlete that enters any intercollegiate athletics program at the University shall be provided a student-athlete handbook with a copy of the current version of this Drug Education and Consent to Testing Policy (hereafter the "Policy"). Each student-athlete must sign this Policy and if the student-athlete is a minor the Policy must also be signed by the student's parent(s) or legal guardian(s). However, failure of the University to provide information about this Policy, or to conduct training as described in this Policy, shall not excuse the student-athlete in any way from complying with this Policy fully.

The undersigned student-athlete acknowledges that it is a privilege rather than a right to represent the University in intercollegiate athletics and agrees to be bound by this Policy. As a result, the undersigned student-athlete acknowledges that he or she is not entitled to any "due process" before consequences are imposed under this Policy. Also, it is acknowledged that neither this Policy nor this document is intended to be a contract and the student-athlete acknowledges that the University retains at all times the discretion to remove students from intercollegiate athletics for any reason deemed by the University, in its sole discretion, to be in the best interests of the University.

Banned Drugs:

Students participating in intercollegiate athletics at the University are prohibited from the use, purchase, possession, manufacture, distribution and/or sale or the attempted use, purchase, possession, manufacture, distribution and/or sale or aiding and abetting the use, purchase, possession, manufacture, distribution and/or sale by any of the substances on the current National Collegiate Athletics Association (NCAA) banned drug list (hereafter "Banned Drugs"). A copy of the NCAA's Banned Drug list is attached to this Policy.

Drug Testing:

William Woods University screens all intercollegiate teams for drug use throughout the year. By agreeing to participate in athletics at William Woods University, and by signing a copy of this Policy, every student-athlete agrees to participate in the drug testing programs developed by William Woods University as described in this Policy.

Drug Testing Committee. The Drug Testing Committee shall be made up of the Head Athletic Trainer, Assistant Athletic Trainer, and the Athletics Director or, if any such person is unavailable, such other person(s) as designated by the Athletics Director.

Random Testing. Participants from each sport will participate in random drug testing (hereafter “Random Testing”) at least once per semester. The Drug Testing Committee shall select student-athletes for Random Testing. Student-athletes selected for Random Testing shall be notified of the random test and shall cooperate in the testing as directed by the Drug Testing Committee. Random Testing may be announced (in which event the student-athlete may be given prior notice) or unannounced (in which event no prior notice is given). All Random Testing shall be performed at a test site selected by the University at the test time designated by the University through the Drug Testing Committee.

Reasonable Suspicion Testing. In addition to Random Testing, student-athletes shall participate in other testing (hereafter “Reasonable Suspicion Testing”) as described in this Policy. The Drug Testing Committee may require any student-athlete to be tested at any time when a member of the Athletics Department staff has reasonable suspicion that a student-athlete has used or is using a banned drug, as defined in this Policy. The Drug Testing Committee will evaluate information received from other Athletics Department staff and determine whether reasonable suspicion exists to test the student-athlete. The determination of the Drug Testing Committee as to whether reasonable suspicion exists for testing shall be final and not subject to appeal.

Procedural Guidelines:

The following procedural guidelines shall serve as a guide for the Athletics Department and for the student-athletes governed by this Policy. The failure of the Athletics Department to adhere to this Policy shall not be construed by the student-athlete to constitute a waiver by the University of any of the University’s rights or privileges, nor shall it be construed by any person, entity or court of law or equity as the breach of any contractual or other obligation. These guidelines are intended to be just that – guidelines – rather than requirements.

1. Each year a drug presentation will be made to educate student-athletes and coaches of the dangers of drug abuse and regarding the Athletics Department drug testing, procedures, education, and counseling program. The drug testing procedures to be followed will be explained in detail at our mandatory orientation.
2. All student-athletes will be required to sign a copy of this Policy. Refusal to sign this Policy will result in dismissal from the team(s) and loss of any intercollegiate athletics scholarship award.
3. Student-athletes will be notified of drug testing by a member of the Drug Testing Committee who will provide information on the time and site of the test.
4. Collection of urine samples will be conducted by a laboratory designated by the University in the manner directed by the laboratory.
5. The results of the test shall be communicated by the laboratory to the University as directed by the University. In the event of a positive test, the University may elect to have a confirmation test.
6. The University shall inform the student-athlete of the results of the test in the manner determined by the University.
7. Failure by the student-athlete to cooperate in the testing process in any way, including failing to produce a sample at the time of testing, attempting to alter a urine sample, or failing to appear for a test, are all deemed to be the equivalent of a positive test.

Self-Referral:

If a student-athlete has used a banned drug as defined herein and reports this conduct prior to being notified of a request to submit to either random or reasonable suspicion testing, he or she will be tested for reasonable suspicion. However, leniency may be considered for those student-athletes who self-report use of banned drugs.

Self-referrals play a significant role in the educational aspect of our program for those student-athletes who are honest and attempting to adhere to this Policy. It must be clearly understood that any leniency afforded for self-referrals are limited to one self-referral per student-athlete.

Consequences for Violations of this Policy:

The Drug Testing Committee shall determine all consequences for the violation of this Policy. The Drug Testing Committee shall retain sole discretion to determine the consequences within the Athletics Department for positive tests. However, in addition to the consequences set forth in this Policy, the student-athlete may also be subject to other procedures and/or discipline as determined in the sole discretion of the University.

Consequences for a first offense (e.g., a single positive test result) may include, but are not limited to, one counseling session with a campus counselor and suspension from the team(s) until succeeding drug tests are negative. In addition, a positive test will result in a minimum suspension of ten percent of the scheduled contests.

Consequences for a second offense (e.g., any subsequent positive test result) may include, but are not limited to, immediate dismissal from the team(s) and loss of any intercollegiate athletics scholarship award.

Drug test results, penalty records, and reasonable suspicion reports will be kept on file with the Athletic Trainer and will be kept confidential to the extent reasonably possible under the circumstances. However, by consenting to testing under this Policy, the student-athlete agrees that information pertaining to action taken pursuant to this Policy, including, but not limited to copies of the drug test results and the reports concerning consequences, may be released to the student-athlete upon written request, and to the student-athlete's parents (if under 18), to any member of the staff of the Athletics Department, and to any other member of the University faculty, staff and administration.

Before consequences are imposed, student-athletes may be provided an opportunity, at the discretion of the Drug Testing Committee, to explain positive test results. The Drug Testing Committee will have discretion to determine the scope and nature of that opportunity, and to accept or reject any such explanation. However, any decision whether to apply the consequences described above or to impose some other consequence, shall be final and not subject to any appeal.

Consent:

I, the undersigned, do hereby recognize that I have received, read, understand, and accept the William Woods University Athletics Department's Drug Education and Consent to Testing Policy.

I understand that my signature below authorizes the University, or its designee, to obtain a urine sample from me. I also understand that my signature on this form authorizes the laboratory selected by the University to perform drug testing on any urine samples obtained from me to test for the presence of the Banned Drugs as defined in this Policy, and to report all test results in accordance with the Policy.

I also understand that any decision of the Drug Testing Committee with respect to any positive test result is final and not subject to any appeal, and I agree to abide by such decision.

I also understand that information pertaining to action taken pursuant to this Policy, including, but not limited to copies of the drug test results and any report of the action of the Drug Testing Committee, may be released to me upon written request, and to my parents (if under 18), to any member of the staff of the Athletics Department, and to any other member of the University faculty, staff and administration.

Print name: _____ Birth Date: _____

Signed: _____ Date: _____

Parent/guardian (if under 18): _____ Date: _____

Witnessed: _____ Date: _____

Attached current NCAA Banned Drug list.



NCAA Banned-Drug Classes 2007-2008

[All banned drug questions should be referred to the REC or Drug Free Sport.]

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.**

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their institution’s team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs

The following is a list of banned-drug classes, **with examples of substances under each class:**

(a) Stimulants:

- | | |
|---------------------------------|---|
| amiphenazole | methylenedioxymethamphetamine (MDMA, ecstasy) |
| amphetamine | methylphenidate |
| bemigrade | nikethamide |
| benzphetamine | octopamine |
| bromantan | pemoline |
| caffeine ¹ (guarana) | pentetrazol |
| chlorphentermine | phendimetrazine |
| cocaine | phenmetrazine |
| cropropamide | phentermine |
| crothetamide | phenylpropanolamine (ppa) |
| diethylpropion | picrotoxine |
| dimethylamphetamine | pipradol |
| doxapram | prolintane |
| ephedrine | strychnine |
| (ephedra, ma huang) | synephrine (citrus aurantium, zhi shi, bitter orange) |
| ethamivan | and related compounds |
| ethylamphetamine | The following stimulants are not banned: |
| fencamfamine | phenylephrine |
| meclofenoxate | pseudoephedrine |
| methamphetamine | |



(b) Anabolic Agents:

anabolic steroids

androstenediol
androstenedione
boldenone
clostebol
dehydrochlormethyl-
testosterone
dehydroepiandro-
sterone (DHEA)
dihydrotestosterone
(DHT)
dromostanolone
epitrenbolone
fluoxymesterone
gestrinone
mesterolone

methandienone
methyltestosterone
nandrolone
norandrostenediol
norandrostenedione
norethandrolone
oxandrolone
oxymesterone
oxymetholone
stanozolol
testosterone²
tetrahydrogestrinone (THG)
trenbolone
and related compounds

other anabolic agents

clenbuterol

(c) Substances Banned for Specific Sports:

Rifle:

alcohol
atenolol
metoprolol
nadolol
pindolol
propranolol
timolol
and related compounds

(d) Diuretics and other Urine Manipulators:

acetazolamide
bendroflumethiazide
benthiiazide
bumetanide
chlorothiazide
chlorthalidone
ethacrynic acid
finasteride
flumethiazide
furosemide
hydrochlorothiazide
hydroflumethiazide
methyclothiazide
metolazone
polythiazide
probenecid
spironolactone (canrenone)
triamterene
trichlormethiazide
and related compounds

(e) Street Drugs:

heroin
marijuana³
tetrahydrocannabinol (THC)³

(f) Peptide Hormones and Analogues:

corticotrophin (ACTH)
growth hormone (HGH, somatotrophin)
human chorionic gonadotrophin (hCG)
insulin like growth factor (IGF-1)
luteinizing hormone (LH)

(All the respective releasing factors of the above-mentioned substances also are banned.)



erythropoietin (EPO) sermorelin
darbypoeitin

(g) Anti-Estrogens

anastrozole tamoxifen
clomiphene **and related compounds**

(h) Definitions of positive depends on the following:

¹for caffeine—if the concentration in urine exceeds 15 micrograms/ml.

²for testosterone—an adverse analytical finding (positive result) based on any reliable analytical method (e.g., IRMS, GCMS, CIR) which shows that the testosterone is of exogenous origin, or if the ratio of the total concentration of testosterone to that of epitestosterone in the urine is greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.

³for marijuana and THC—if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml.

31.2.3.4.1 Drugs and Procedures Subject to Restrictions.

The use of the following drugs and/or procedures is subject to certain restrictions and may or may not be permissible, depending on limitations expressed in these guidelines and/or quantities of these substances used: (Revised: 8/15/89)

(a) Blood Doping. The practice of blood doping (the intravenous injection of whole blood, packed red blood cells or blood substitutes) is prohibited, and any evidence confirming use will be cause for action consistent with that taken for a positive drug test. (Revised 8/15/89, 5/4/92)

(b) Local Anesthetics. The Executive Committee will permit the limited use of local anesthetics under the following conditions:

(1) That procaine, xylocaine, carbocaine or any other local anesthetic may be used, but not cocaine; (Revised 12-9-91, 5/6/93)

(2) That only local or topical injections can be used (i.e., intravenous injections are not permitted); and

(3) That use is medically justified only when permitting the athlete to continue the competition without potential risk to his or her health.

(c) Manipulation of Urine Samples. The Executive Committee bans the use of substances and methods that alter the integrity and/or validity of urine samples provided during NCAA drug testing. Examples of banned methods are catheterization, urine substitution and/or tampering or modification of renal excretion by the use of diuretics, probenecid, bromantan or related compounds, and epitestosterone administration. (Revised; 8/18/89, 6/17/92, 7/22/97)

(d) Beta 2 Agonists. The use of beta 2 agonists is permitted by inhalation only. (Adopted: 8/13/93)

(e) Additional Analysis. Drug screening for select nonbanned substances may be conducted for nonpunitive purposes. (Revised: 8/15/89)