

PROFICIENCY TEST -- DRESSAGE

RIDER'S NUMBER _____

1ST HORSE _____

TOTAL POINTS POSSIBLE

2ND HORSE _____

PHASE I 190 POINTS

PHASE II 170 POINTS

PART A. HORSEMANSHIP (150 POINTS POSSIBLE)

PHASE I POINTS EARNED _____

_____ MOUNT

PHASE II POINTS EARNED _____

_____ DISMOUNT

_____ USEFUL WARMUP AND SUPPLING EXERCISES -- X 2

_____ MEDIUM WALK

_____ FREE WALK

_____ LEG YIELD AT WALK

_____ TROT RISING (KNOWLEDGE OF DIAGONALS)

_____ TROT SITTING

_____ COUNTER BEND AT TROT RISING

_____ CANTER (KNOWLEDGE OF LEADS)

_____ TACTFUL AND CORRECT USE OF AIDS -- X 2

_____ ABILITY TO PLACE HORSE IN PROPER FRAME FOR THE
LEVEL OF THE HORSE -- X 2

HORSEMANSHIP PHASE

BEGIN TRACKING LEFT

MEDIUM WALK

WORKING TROT RISING

WORKING CANTER, LEFT LEAD

BACK TO WORKING TROT RISING

DEMONSTRATE COUNTERBEND

MEDIUM WALK

DOWN CENTERLINE OR QUARTERLINE,

LEG YIELD TO THE RIGHT

ACROSS DIAGONAL, FREE WALK

MEDIUM WALK

DOWN CENTERLINE OR QUARTERLINE,

LEG YIELD TO LEFT

WORKING TROT RISING

WORKING CANTER, RIGHT LEAD

WORKING TROT RISING

DEMONSTRATE COUNTERBEND

WORKING TROT SITTING

MEDIUM WALK

PART B: SHORT PATTERN DEMONSTRATING
KNOWLEDGE OF SCHOOLING FIGURES
(40 POINTS POSSIBLE)

_____ CENTERLINE (Straightness, accuracy)

_____ TURN ON FOREHAND

_____ THREE-LOOP SERPENTINE TROT RISING

_____ LENGTHEN TROT RISING

- A ENTER TROT RISING
- X HALT, QUARTER TURN ON FOREHAND TO THE RIGHT, DEVELOP SITTING TROT
- B TURN RIGHT, PROCEED SITTING TROT
- A-C SERPENTINE 3 LOOPS, WIDTH OF ARENA, TROT RISING
- MXK LENGTHEN STRIDE IN TROT RISING
- K WORKING TROT SITTING
- A DOWN CENTERLINE
- X HALT, QUARTER TURN ON FOREHAND TO THE LEFT, LEAVE ARENA AT FREE WALK

PART C: DRESSAGE TEST: TRAINING LEVEL TEST 3

